MORNING · ABOUT 5 HOURS

A Morning on Guohua Street

Guohua Street runs north from Fuqian Road through the market quarter, and many stalls on it open at dawn. This walk goes from lamb soup to squid noodles, wa gui and shaved ice.

WHEN	WHO	FOOD NOTES
A Saturday, from 08:00	2 adults	No beef · No coriander

THE PLAN

08:00 **1. No Name Lamb Soup** 無名羊肉湯
Clear lamb soup

↓ 4 min on foot

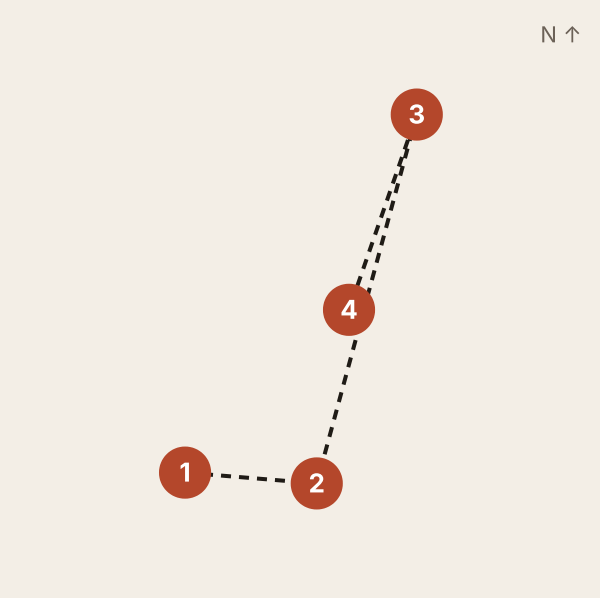
09:00 **2. Yeh Jia Calamari Rice Noodle Soup** 葉家小卷米粉
Baby squid rice noodle soup

↓ 13 min on foot

10:15 **3. Yi Wei Pin** 一味品
Wa gui rice pudding

↓ 7 min on foot

12:30 **4. Chiang Shui Hao** 江水號
Eight-treasure shaved ice



Route sketch, not to scale. Every stop has a Google Maps link on its own page.

GETTING TO STOP 1

Fuqian Road is about 25 minutes on foot from Tainan Station, or a short taxi ride. From there, walk north along Guohua Street.

ON THE WAY

- **Yongle Market**: A busy market block on Guohua Street lined with snack stalls.
- **Shennong Street**: A short lane of restored wooden shophouses, a few minutes north of the market.

1

08:00 · start here

No Name Lamb Soup

無名羊肉湯

Address 台南市中西區府前路二段144號
Open in Google Maps

Hours Wed–Mon 05:30–12:30; closed Tue

Good to know Cash only · Sells out early



Photo: bryan... from Taipei, Taiwan, CC BY-SA 2.0 (the dish, not this shop)

WHAT TO ORDER

- **羊肉清湯** Clear lamb soup

Lamb soup is a breakfast dish here. The shop closes around 12:30. Go early: the clear soup often sells out by late morning, and a herbal broth is offered in small amounts first thing.

> **If it's closed or the queue is too long:** Dayong Street No Name Congee 大勇街無名鹹粥, 4 min walk. Tue–Sun 04:00–13:30; closed Mon.

2

09:00 · 4 min walk from No Name Lamb Soup

Yeh Jia Calamari Rice Noodle Soup

葉家小卷米粉

Address 台南市中西區國華街二段142號
Open in Google Maps

Hours Wed–Fri 08:30–15:00, Sat–Sun 08:30–14:00; closed Mon–Tue

Good to know Cash only · Expect a queue



Photo: tntchn, CC BY-SA 4.0 (the dish, not this shop)

WHAT TO ORDER

- **小卷米粉** Baby squid rice noodle soup

A small bowl of the squid noodle soup is enough. Squid roe (小卷蛋) is only available some days and sells out fast, so ask when you order.

> **If it's closed or the queue is too long:** Hsiao Nan Wa Gui 台南小南碗粿, 4 min walk. Thu–Tue 09:00–16:00; closed Wed.

3

10:15 · 13 min walk from Yeh Jia Calamari Rice Noodle Soup

Yi Wei Pin

一味品

Address 台南市中西區國華街三段177號（永樂市場111、112號攤）
Open in Google Maps

Hours Wed–Mon 05:00–17:00; closed Tue

Good to know Cash only · Sells out early



Photo: Huang Zhen, CC BY 4.0 (the dish, not this shop)

WHAT TO ORDER

- **碗粿** Wa gui rice pudding
- **虱目魚羹** Milkfish thick soup

Order the wa gui with a milkfish thick soup. Eat the wa gui with wasabi or minced garlic, and come in the morning as it can sell out.

> **If it's closed or the queue is too long:** Hsiao Nan Wa Gui 台南小南碗粿, 14 min walk. Thu–Tue 09:00–16:00; closed Wed.

4

12:30 · 7 min walk from Yi Wei Pin

Chiang Shui Hao

江水號

Address 臺南市中西區國華街三段27號
Open in Google Maps

Hours Daily 12:00–20:40 (one media source lists Mon as closed)



Photo: Junyu-K, CC BY-SA 4.0 (the dish, not this shop)

WHAT TO ORDER

- **八寶冰** Eight-treasure shaved ice
- **米糕粥** Sweet glutinous rice porridge
- **紅豆湯圓** Red bean soup with tangyuan

The eight-treasure shaved ice is the standard order. It opens at noon.

> **If it's closed or the queue is too long:** Yuan Zai Hui (Guohua Street) 八寶彬圓仔惠, 7 min walk. Tue–Sun 09:00–22:00; closed Mon.

請給我這個 This one, please

羊肉清湯
Clear lamb soup
無名羊肉湯

小卷米粉
Baby squid rice noodle soup
葉家小卷米粉

碗粿
Wa gui rice pudding
一味品

虱目魚羹
Milkfish thick soup
一味品

八寶冰
Eight-treasure shaved ice
江水號

米糕粥
Sweet glutinous rice porridge
江水號

紅豆湯圓
Red bean soup with tangyuan
江水號

FOR YOUR GROUP

我們不吃牛肉
We don't eat beef

不要香菜
No coriander, please

兩個人
Two people

內用
To eat here

外帶
To take away

請給我這個
This one, please

多少錢？
How much is it?

sayhellotable@gmail.com

Before you go

- **Bring cash.** 3 of these 4 shops take cash only. Small notes and coins make it easier.
- **Go early.** Breakfast shops in Tainan open at dawn and close when the pot is empty, often before noon.
- **Shared tables are normal** at small shops. Take any free seat.
- **If a shop is closed,** use the backup on its page. Small shops sometimes close for a day without notice.
- **Share a bowl** at each stop so you have room for the next one.

QUESTIONS ON THE DAY

Email sayhellotable@gmail.com. We reply within a working day.